

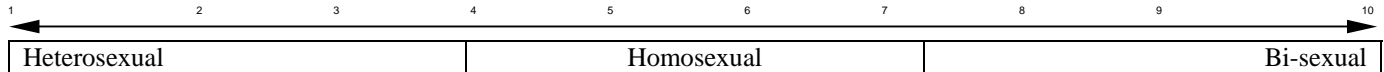
A Psycho-Socio-Sexual Matrix

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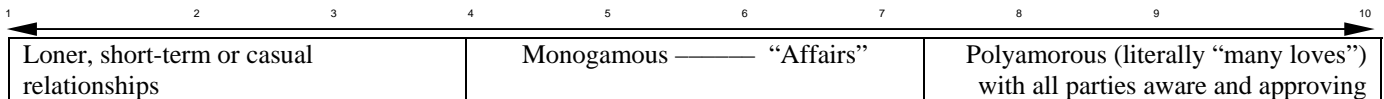
The following is a way to view preferences that are often interlinked. Each individual is a mixture of all elements and each individual varies the mixture over the course of a lifetime.

None of the following imply any kind of judgment. All activities are considered “healthy” so long as individuals are not “harmed” and are consenting adults.

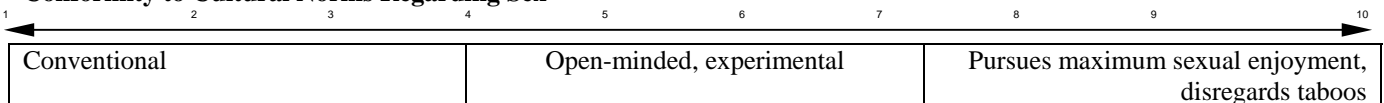
Gender Preference in Partners



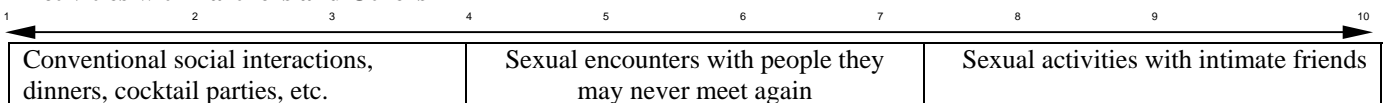
Attachment to Partners



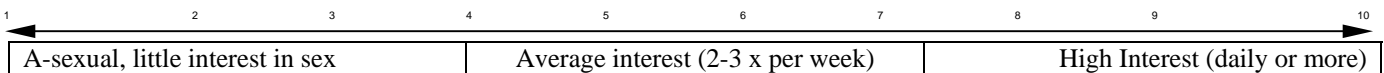
Conformity to Cultural Norms Regarding Sex



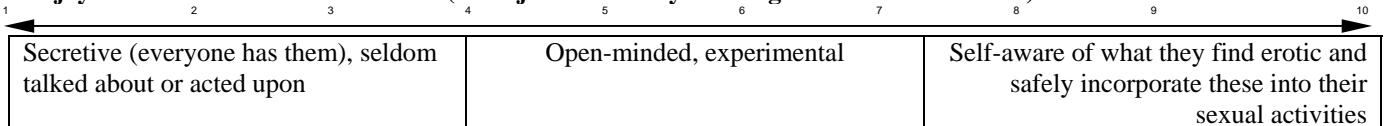
Activities with Partners and Others



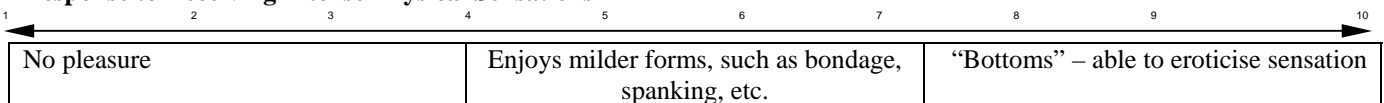
Libido



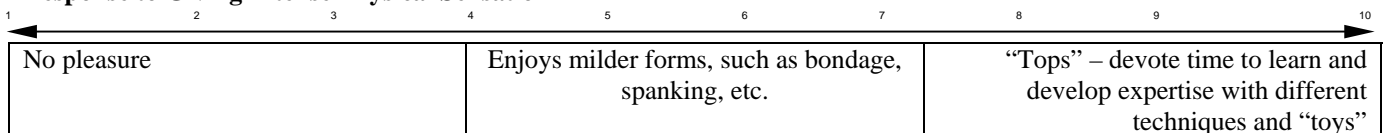
Enjoyment of Fantasies and Fetishes (an object or activity that engenders sexual arousal)



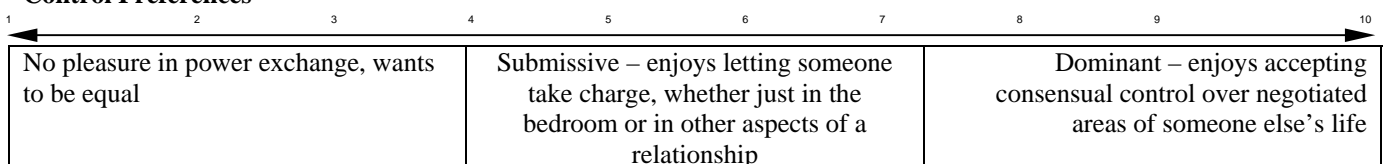
Response to Receiving Intense Physical Sensations



Response to Giving Intense Physical Sensation



Control Preferences



Note: The last three categories have a variety of names such as BDSM – Bondage, Discipline, Sado-Masochism

The terms “Masochist” and “Sadist” are controversial even among those who are involved. They are no longer considered mental disorders unless they negatively affect other areas of the individual’s life. In this way, they are similar to gambling and drinking in that they can be safely enjoyed or they can be abused.